

APPETIZERS AND SOUPS

Goat Cheese with Tomato and Basil
Cream of Potato and Bacon Soup
Hearty Vegetable Soup
Fresh Fruit Cocktail
Juices: Tomato, Apple, Orange and Cranberry

SALADS

Spinach Sunshine Salad
with Mushrooms, Fresh Fruit, Bacon Bits and Raspberry Vinaigrette

Chef's Salad

Mixed Greens with Tomato, Cucumber, Carrot, Red Onion, Celery,
Radishes and Garlic Croutons with your choice of Dressing

Cole Slaw

Shredded Cabbage and Carrots with Poppy Seed and Mayonnaise Dressing

Crudité's with Onion or Ranch Dip

Celery and Carrot Sticks, Cauliflower, Broccoli and Peppers

DRESSINGS

House: Raspberry Balsamic
Regular : Catalina, Thousand Island, Blue Cheese, Honey Mustard, Oil and Vinegar
Light: French, Italian, and Ranch

VEGETARIAN AND VEGAN ENTRÉES

VEGAN - Curried Chickpeas and Cauliflower
on Rice

Stuffed Vegetable Crêpes

with Spicy or Mild Alfredo Sauce

Vegetable Pizza

Pizza with Fresh Vegetables and Pizzaiola Sauce
Topped with Goat, Mozzarella or Blue Cheese

Fresh Fruit Plate

with choice of Sherbet, Cottage Cheese or Yogurt

CHILDREN'S MENU

Please ask your server. All entrées from menu
are available in child sized portions.

ENTRÉES

All entrées are available in smaller adult sized portions.
*Indicates Lighter Fare **Indicates Spicy Fare.
Sauce can be served on the side upon request.

French Pork Chop with Stewed Apples

Served with Mushroom and Chopped Onion Mashed Potato

****Roasted Breast of Chicken with Rattlesnake Pasta**

Linguine Pasta with Alfredo Sauce served Spicy or Mild

Roast Prime Rib au Jus

With Yorkshire Pudding, Horseradish, Mushroom and Chopped Onion Mashed Potato

****Shrimp or Scallops with Rattlesnake Pasta**

Served Spicy or Mild with Alfredo Sauce
or order without Shrimp or Scallops

***Spa Chicken Breast**

on a bed of Fresh Vegetables with Jasmine Rice

****Spicy Tortilla Crusted Talapia Fish Fillet**

with Ancho, Pepper, Garlic and Lemon Crown with Jasmine Rice

Chef's Salad with Strips of Prime Rib or Spa Chicken

with your choice of Dressing

DESSERTS

Specialties of the Day

Warm Carrot Cake with Butter Cream Icing

Coffee Chocolate Mud Pie

Chocolate and Coffee Flavoured Ice Cream - in Chocolate Cookie Crumbs

Diet Cake of the Day - Diet Mousse, ask Server for flavours

Cheddar and Swiss Cheese with Crackers (and/or rice crackers) and Cantaloupe

Jell-O and Cookies, Cream Pudding - ask Server for flavours

Assorted Fresh Fruit Plate

Sundaes - Chocolate, Butterscotch and Strawberry

Ice Cream - Vanilla or Chocolate

Frozen Yogurt

Orange Sherbet

Freezie Pops - ask Server for flavours

BEVERAGES-REGULAR AND DECAFFEINATED

Coffee, Orange Pekoe Tea, Assorted Herbal Teas
CAPPUCCINO and ESPRESSO COFFEE \$3.50

Milk, Chocolate Milk, Iced Tea, Lemonade, Apple Juice
Coke, Diet Coke, Sprite, Ginger Ale, Root Beer

- Enjoy Your Evening -