

STARTERS

Cream of Tomato and Basil Soup with Feta Cheese
Hearty Vegetable Soup
Fresh Fruit Cocktail
Juices: Tomato, Apple, Orange and Cranberry

ENTRÉES

Spaghetti Bolognese

Tasty Rich Meat Sauce on Spaghetti

****Oriental Chicken Stir Fry on Rice**

Thai Sauce with Red Onions, Mushrooms, Carrots, Celery and Bell Peppers

Cajun Cobb Salad

with Baby Shrimp and Andouille Sausage, Romaine Lettuce, Tomato, Avocado, Chopped Egg and Roquefort Cheese with your choice of dressing.

SANDWICHES*WRAPS*BURGERS*HOT DOGS

Two Layer Toasted Club House

with Turkey, Bacon, Tomato and Mayonnaise

Roast Beef with au jus Dip on a Bun

Smoked Salmon Greek Wrap

Chargrilled Hamburger - Plain - Cheese - Bacon and Cheese

Served with Tomato, Lettuce, Red Onion, Mustard, Relish and Mayonnaise

Broiled Hot Dog on a Bun

with Relish and Mustard

CHILDREN'S MENU

Please ask your server.

All luncheon items from this menu are available in child sized portions.

- Enjoy Your Afternoon -

VEGETARIAN AND VEGAN ENTRÉES

VEGAN - Enchilada Casserole

Sweet Potato Curry over Rice

Fruit Salad Plate

with choice of Sherbet, Cottage Cheese or Yogurt

Veggie Burgers and Hot Dogs

with Lettuce, Tomato, Onions and Pickles

LUNCHEON SIDE DISHES

French Fries - Tossed Salad - Fruit Cocktail - Saratoga Chips
Carrot and Raisin Salad - Cottage Cheese - Cole Slaw - Fruit Yogurt

CHOICE OF DRESSINGS

House: Raspberry Balsamic **Light:** French, Italian, and Ranch
Regular : Catalina, Thousand Island, Blue Cheese, Honey Mustard, Oil and Vinegar

DESSERTS

Specialties of the Day

Fudge Pecan Tart and Ice Cream

Drizzled with Hot Fudge Sauce

Strawberry Shortcake

with Crème Chantilly and Strawberry Sauce

Diet Cake of the Day - Diet Mousse - ask Server for flavours
Cheddar Cheese with Crackers (and/or rice crackers) and Cantaloupe
Jell-O and Cookies, Cream Pudding - ask Server for flavours

Assorted Fresh Fruit Plate

Sundaes - Chocolate, Butterscotch and Strawberry

Ice Cream - Vanilla or Chocolate

Frozen Yogurt

Orange Sherbet

Freezie Pops - ask Server for flavours

BEVERAGES-REGULAR AND DECAFFEINATED

Coffee, Orange Pekoe Tea, Assorted Herbal Teas
CAPPUCCINO and ESPRESSO COFFEE \$3.50

Milk, Chocolate Milk, Iced Tea, Lemonade, Apple Juice
Coke, Diet Coke, Sprite, Ginger Ale, Root Beer

*Indicates Lighter Fare **Indicates Spicy Fare. All entrées are available in smaller adult sized portions.
Sauce can be served on the side upon request.