

## STARTERS

Beef & Barley Soup with Mushrooms  
Hearty Vegetable Soup  
Fresh Fruit Cocktail

Juices: Tomato, Apple, Orange and Cranberry

## ENTRÉES

### **Curried Lamb and Chutney Sauce**

with Tomato, Bananas, Coconut, Raisins and Mandarins on Rice and Green Peas

### **Chicken Pasta Marino**

with Bow Tie Pasta, Broccoli, Diced Tomato,  
Pesto Sauce and Parmesan Cheese

### **Mandarin Orange Salad with Southwest Chicken**

Romaine Lettuce, Sesame Seeds, Dressing, Chow Mein Noodles and Almonds  
or order without Southwest Chicken

## SANDWICHES\*WRAPS\*BURGERS\*HOT DOGS

### **Grilled Reuben on Rye with Dill Pickle**

Sauerkraut, Corn Beef and Mozzarella Cheese or a Reuben Wrap

### **Grilled Tuna Steak Sandwich on Rye Bread**

with Spanish Onion, Lettuce and Pesto Sauce

### **Twin Sandwiches**

Roast Beef and Onion / Ham and Swiss Cheese

### **Chargrilled Hamburger - Plain - Cheese - Bacon and Cheese**

Served with Tomato, Lettuce, Red Onion, Mustard, Relish and Mayonnaise

### **Broiled Hot Dog on a Bun**

with Relish and Mustard

## CHILDREN'S MENU

Please ask your server.

All luncheon items from this menu are available in child sized portions.

*- Enjoy Your Afternoon -*

## VEGETARIAN AND VEGAN ENTRÉES

### **VEGAN - Green Peas and Macaroni**

### **Vegetable Stir Fry with Rice**

### **Fruit Salad Plate**

with choice of Sherbet, Cottage Cheese or Yogurt

### **Veggie Burgers and Hot Dogs**

with Lettuce, Tomato, Onions and Pickles

## LUNCHEON SIDE DISHES

French Fries - Tossed Salad - Fruit Cocktail - Saratoga Chips  
Carrot and Raisin Salad - Cottage Cheese - Cole Slaw - Fruit Yogurt

## CHOICE OF DRESSINGS

**House:** Raspberry Balsamic **Light:** French, Italian, and Ranch  
**Regular :** Catalina, Thousand Island, Blue Cheese, Honey Mustard, Oil and Vinegar

## DESSERTS

### *Specialties of the Day*

### **Southern Style Chocolate Cake**

### **Lemon Meringue Tart**

Zesty and Delicious

**Diet Cake of the Day - Diet Mousse** - ask Server for flavours  
**Cheddar Cheese** with Crackers (and/or rice crackers) and Cantaloupe  
**Jell-O and Cookies, Cream Pudding** - ask Server for flavours

### **Assorted Fresh Fruit Plate**

**Sundaes** - Chocolate, Butterscotch and Strawberry

**Ice Cream** - Vanilla or Chocolate

**Frozen Yogurt**

**Orange Sherbet**

**Freezie Pops** - ask Server for flavours

## BEVERAGES-REGULAR AND DECAFFEINATED

Coffee, Orange Pekoe Tea, Assorted Herbal Teas  
**CAPPUCCINO and ESPRESSO COFFEE \$3.50**

Milk, Chocolate Milk, Iced Tea, Lemonade, Apple Juice  
Coke, Diet Coke, Sprite, Ginger Ale, Root Beer

\*Indicates Lighter Fare \*\*Indicates Spicy Fare. All entrées are available in smaller adult sized portions.  
Sauce can be served on the side upon request.